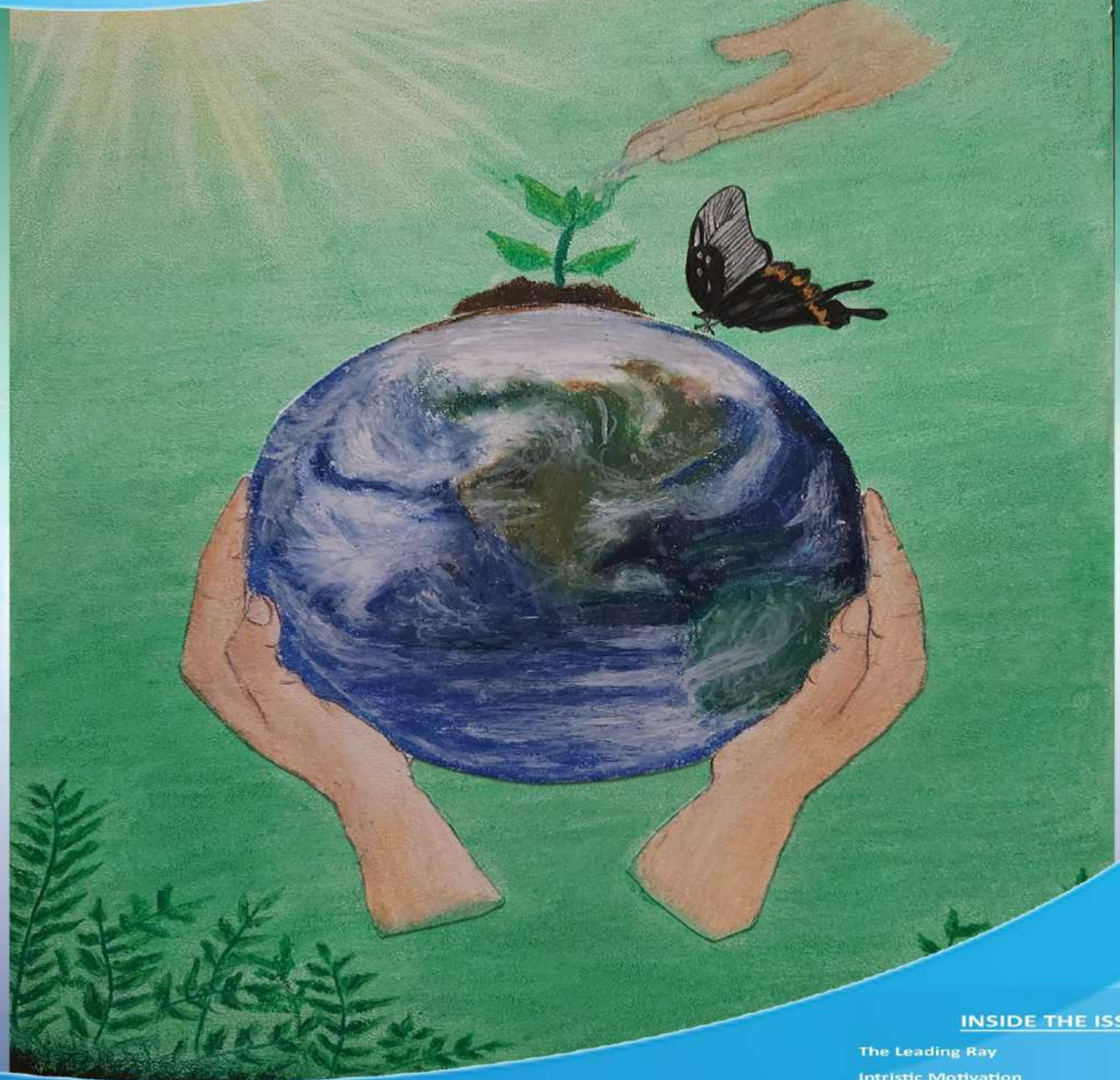


DAS DIGEST

Quarterly Newsletter from Dar Al Salam ("DAS") Schools

April Issue
Volume 1.2

The Genesis of Redefining the Learning Revolution



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Indian Central School



Pakistan English School



Aspire Indian International
School



Aspire Bilingual School



*Dar Al Salam Schools,
Management, Principals and
Faculty wish you*

Ramadan kareem

*Let the spirit of Ramadan
remain in your hearts
and light up your souls
from within.*



The Leading Ray



Dear Partners, Management Team, Principals,
Vice Principals, Teaching Faculty, Staff, Parents and Students,

There is a learning revolution happening in education everywhere. It has been 16 months since the onset of Coronavirus and over 1 year since Dar Al Salam Schools transitioned from on-site education to online learning. DAS Schools have redefined learning by demonstrating that we provide a lot more than education alone, by bringing families into the virtual classroom. Our schools exist not only to educate but to serve as a community where students are able to develop soft skills essential in daily life. Our teachers play a huge role as caring individuals that students can rely on for support.

Parents, thank you for your active involvement in your child's studies and we appreciate your understanding of our teacher's efforts in preparing engaging lessons. Despite unprecedented challenges, our teachers were able to provide effective instruction from home creating captivating content to improve understanding. Teachers have had to adapt their teaching strategies for the online environment and put them into practice. To support them, we held professional development courses across various disciplines. Enjoy reading the latest issue from DAS Digest bringing you up to date with everything happening at our schools this quarter.

Sincerely,

K.O. Mathew

Chairman of Dar Al Salam Schools

Mr. K.O. Mathew is the Chairman of Dar Al-Salam (DAS) Schools. He is also the Founder and Managing Director of Creative Children International School (CCIS) and Canadian Bilingual School (CBS). Mr. Mathew has guided his schools with a clear vision, insight, and expertise. Over the last 20 years, Mr. Mathew has established and managed several schools continuing to elevate digital infrastructure, develop effective teams and lead entire operations. In 2003, he founded CCIS, a special needs school; as well as CBS, a K-12 school, in 2008. In 2019, Mr. Mathew successfully acquired Indian Central School and Pakistan English School. In 2020, he launched Aspire Indian International School and DAS Academy for dance, arts, and sports as well as Aspire Bilingual School in 2021, collectively known as DAS Schools. Prior to operating schools, Mr. Mathew handled major aspects of financial planning within his family healthcare business Al Essa Medical.



Mr. Mathew is a loving father of two daughters, his eldest, Ms. Stephanie Mathew having joined him in running schools handling Community Engagement and Corporate Social Responsibility. Mr. Mathew is an avid tennis player and enjoys riding his motorbike on weekends.



I am thrilled to be writing to you from the 2nd Edition of DAS Digest. During this quarter, Dar Al Salam Schools had a series of exciting developments, events and wonderful achievements shared by our team and dedicated students. As I write my message, I would like to draw attention to a remarkable human achievement that happened on 18th February, 2021: Perseverance Mission to Mars. Watching the Perseverance Rover touch down on the Red Planet, was certainly a historic moment that excited the world representing a continuation of discovering Mars that began with the Curiosity Mission in 2012. This continued exploration highlights what humans can accomplish when talented intellectuals from various backgrounds work together to answer questions never answered before. This mission to Mars will pave the way for a series of scientific discoveries that seek answers to the following questions:

1. Can Mars support life?
2. Were there any organisms that might have lived on Mars before?
3. What can we learn from samples of rocks taken from Mars?
4. Can we produce oxygen to help us live on Mars?

With answers, we may one day witness human landing on Mars and even inhabiting the planet. I am sure our students also have many questions about this mission, the technologies involved and the talented team driving its success. So, I really encourage everyone with a keen interest to check out the details in the following link: <https://mars.nasa.gov/mars2020/>

As you go through the mission details, you will realize that almost all your school classes share relevant concepts. From visualization design, which is artistic in nature, to math, physics & environmental sciences. Reading into the Mars team profiles, it is clear that curiosity, exploration, and engagement in a variety of hobbies and activities from a very young age plays a vital role in where they are today. More importantly, behind this achievement is a diverse team of men and women from various background that have the expertise. Hence at Dar Al Salam Schools, the leadership team and school management are always keen on enhancing our lessons and increasing the variety of available activities to include robotics and coding. Finally, we are working on establishing a Space Club soon.

I would like to end by encouraging our students to be curious and read about topics of interest. If space exploration is your dream, do not let anything stop you from working passionately to involve yourself in future space missions!

Best regards,

Ahmed Al Falah

Vice Chairman of Dar Al Salam Schools

Mr. Ahmed Al Falah is the Vice Chairman of Dar Al Salam. Over the last 15 years Ahmed has worked with regional companies in a variety of sectors that include healthcare & education with a major goal of improving & developing new services. Mr. Al Falah believes that our region has so much potential for improvements if we set the right vision & mission and a dedicated team that is determined to make positive changes in our world.

Mr. Al Falah holds a Bachelor of Science in Business Administration from Babson College, USA and completed Executive level programs from Harvard, Wharton and INSEAD Business Schools. Mr. Al Falah is a father of two daughters, enjoys sports activities especially football and is passionate about taking care of our environment and protecting natural resources.





Dear School Community and Readers,
 Welcome to the April issue! This issue focuses on how DAS schools redefined learning. Over the pandemic, our schools have made great strides in online education since we started in March 2020 effectively using digital platforms for learning, communication and submitting assignments.

As an initiative of community engagement, Pakistan English School was given the chance to participate in Project Design Space run by Dubai Institute of Design and Innovation (DIDI). Since November, PES students have been working in small groups delivering creative solutions to problems outlined in their design briefs for reputable clients Dettol Arabia, Eltizam, Ernst and Young, Global Village Dubai and Landor & Fitch. Our students are journeying their way through four critical phases before presenting their outcome:



The DIDI project helps our students build fundamental skills such as creativity, design thinking, problem solving, presentation and critical thinking. We are certain that by giving our students exposure to opportunities like this and offering them across DAS schools that our students will evolve untapped talent.

I appreciate PES teachers, Ms. Shaimaa Amer and Mr. Innocent Joseph teaching in the High School English Department, for being instrumental in guiding our group of 25 students through regular workshops. I would also like to thank our Principal, Mrs. Sanobar and High School Vice Principal, Mr. Ahsan for their incredible support and energy to take on initiatives they see will greatly benefit our students.

I hope you enjoy reading and sharing this issue as much as we enjoyed creating it for you.

Warm Wishes,
Stephanie Mathew

Community Engagement Executive for DAS Schools



Ms. Stephanie Mathew is the Community Engagement Executive for Dar Al-Salam Schools. She is also the Editor-in-Chief for the group’s corporate newsletter DAS Digest. Ms. Mathew is the driving force that brings members of our school community together. She consciously develops meaningful initiatives by working with current students, former students, parents, academic staff, administrative staff, and support staff to address needs through workshops, programs, and events.

Ms. Mathew has hosted several workshops both physically and virtually for parents to support them with their children’s e-learning, building healthy habits and strengthening family bonds. For students, Ms. Mathew has provided career counselling and advice through workshops and general fitness sessions were offered for teachers.

For the future, Ms. Mathew hopes to continue providing value while serving the school community with care and integrity.



With immense joy and pride, I congratulate the entire team of Aspire Indian International School for creating ripples in Kuwait, in such a short duration.



Dear Fellow Students,

Learning is an eternal journey, and we all remain a student till destination. Covid has proven how vulnerable yet resilient our human race can be.

Digital connectivity has exponentially accelerated its relevance and education as a sector has irreversibly transformed. In future, schools could be experience centers with digital knowledge dissemination, teachers become facilitators and students - global wanderers without boundaries in the digital arena.

Embracing change and adapting to evolving solutions could make all the difference. These are exciting times and I wish you an enriching journey, exploring all the wonders life has to offer.

Sincerely,
Divakar Vijayasathy
Managing Director
Aatma Capital

Brilliant initiatives like 'Spreading Smiles' and 'Ingenium' - AIIS Literary Festival under the aegis of Delhi World Foundation conducted virtually, involving several Indian Schools, was a grand success.

At ASPIRE we aspire to cultivate values and develop an appreciation and respect for world culture.

To create the joy of progressive learning we provide a vibrant, lively, and positive learning environment giving space to each child for collaborative and individualistic learning, together with our comprehensive, flexible, and joyful curriculum. Our powerful Parental Engagement Program promotes mindfulness and togetherness weaving a creative bond.

Delhi World Foundation, A Fraternity of 101 Schools in 5 years, is an entity to reckon with. – Spearheading a mission to achieve brilliance in education through cutting edge learning tools combined with human touch and Guru-Shishya Bond. All our schools are committed to providing all-encompassing futuristic education. We instill a sense of inquisitiveness and exploration, an urge for experimentation, observation, and synthesis, endeavouring to create an inspirational environment – teaching less for learning more.

Having played long, happy, and fruitful innings in Kuwait. – I have a special place for Aspire Indian International School in my heart. I extend my warm loving wishes and blessings to the entire Aspire Indian International School Fraternity to continue this journey on the road to excellence and uniqueness.

May this beautiful sapling grow into a sturdy, magnificent tree to reckon with.

WE EXPLORE & ENGAGE, WE ESTABLISH & EMPOWER, WE EMBED & EDIFY

Dr. Punam Kashyap
Mentor- Aspire Indian International School
Director Education – Delhi World Foundation
Former Principal of DPS Kuwait

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 • Building Blocks
 • Paper tracing & Pasting
 • Sports and play based learning
 • Muscle Development Activities

Activities for Creative Development:
 • Music & Movement
 • Art & Craft
 • Drawing, Colouring, Scribbling
 • Clay Modelling
 • Sand Play / Sand paper tracing

Contact Us:
 55055180, 55357199
 www.dasacademykwt.com

As the Compliance Officer, I can confidently affirm that DAS Schools have carefully studied and implemented the directives set out by the Ministry of Education. Our schools prioritize safety and ensure that all the Covid-19 protocols laid down by the Ministry of Health are being followed.

I am delighted to see Volume 1.2 of the DAS Digest which is a platform for our students and teachers to exhibit their creativity and talent.

Franklin D. Roosevelt said “A smooth sea never made a skilled sailor” which is very apt in the current pandemic situation. Covid-19 has only made us stronger and ready to face any adversity in the future. We have sailed through these tough times with the great support from the management. We serve the community by providing value added education to our students. DAS Schools ensures to provide ample opportunities to the students to showcase their talent and build a positive attitude. We are ‘Redefining the Learning Revolution’.



Best wishes to all
Mrs. Mary Joseph
 Compliance Officer

‘The essence of faculty development is not in the quantity of activities but in open dialogue, in celebration of successes, and analysis of the failures in the learning processes.’ Having well-trained faculty in schools is crucial to improve the quality of academic programs and to respond to emerging faculty, student, and industry needs.

DAS Faculty Enrichment focuses on enhancing functional area expertise improving an educator’s classroom delivery and improving abilities to conduct meaningful research. With the support of senior administrators, DAS Faculty Enrichment initiatives pioneer in organizing trainings in-house and delivering engaging as well as compelling workshops. It facilitates needs analysis in a phased manner, providing continuous professional development, integrating new technologies and pedagogical approaches in the classroom. Thus, being an intensive teacher training program for the current DAS Schools.

Successfully implementing and sustaining Faculty Enrichment initiatives continue to be both an opportunity and a challenge. We are proud that our enrichment programs stand nonpareil amongst school communities

Faculty Enrichment Program

Mrs. Sana Kazi- DAS Training Coordinator



Faculty Fitness Sessions

A COMMUNITY ENGAGEMENT INITIATIVE

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DATE & TIME | **EVERY SATURDAY 9.00 AM BEGINNING MARCH 6th**

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From March, DAS group is offering weekly online fitness sessions to DAS Faculty coordinated by Mr. Chari Hewawasam as part of Community Engagement and Faculty Enrichment helping staff to stay healthy by keeping fit.

Make a Paper Mars Helicopter

NASA's Perseverance Mars rover, launched in July 2020, will carry the first helicopter to the surface of Mars! This helicopter has been super lightweight to fly on Mars. It also has large blades that can rotate fast so it can generate enough lift to overcome the gravity of the Red Planet and lift off the ground.

In this project, you will build a paper helicopter. Then, just as NASA engineers had to try out different versions of the Mars helicopter before coming up with a final design, you will experiment with the design of your helicopter to see what works best.

Materials

- Plain paper OR a copy of the template
- Scissors
- Measuring tape
- Pencil
- (Optional) 3-meter (10-foot) length of lightweight ribbon or smartphone camera



*Don't worry if you don't have all the materials. Get creative and substitute materials with what you have! It's all part of the design process.

Cut out the helicopter

Cut along the dashed lines of the template. If you're using plain paper, make a sketch of the helicopter solid and dashed lines as a guide.

Fold along the solid lines

The propeller blades, A and B, should be folded in opposite directions along the solid lines. The X and Y panels fold toward the center, and Z is folded upward to give the body of the helicopter rigidity and lower its center of gravity for more stable flight.

Do a test flight

Stand up and hold the helicopter by its body. Raise it as high in the air as you can. Now, drop it. What do you observe? Which way do the blades turn? Drop the helicopter from a higher spot. (Climb a few stairs or stand on a step stool.) How does the performance change?

Compare

Grab an unfolded piece of paper the same size as the one used to make the helicopter. Drop it at the same time as the helicopter. Which falls faster? Wad up the piece of paper into a ball. Drop this paper ball at the same time as the helicopter. Which falls faster? Can you guess why? Hint: It has something to do with air resistance.

Experiment

Make one change to your helicopter. Try folding the bottom up one more fold or shortening or changing the shape of the blades. How does the performance of your helicopter change? Why? Can you figure out a way to make your helicopter blades turn faster or slower?

Inspired by PES Chairman, Mr. Ahmed Al Falah, students at DAS Schools are encouraged to participate in the NASA Mission Mars Project. Students can participate in the project and send submissions to dasdigest@daskuwait.com. Best entries will be published in our next issue, DAS Digest Vol 1.3.

Explore Rocks Using Core Sampling

Have you ever wondered how scientists learn what a rock is made of, how it was formed, and when it was formed? In this activity, you'll make your own "rock" and then use simple tools to explore inside!

Make a conglomerate rock using play dough

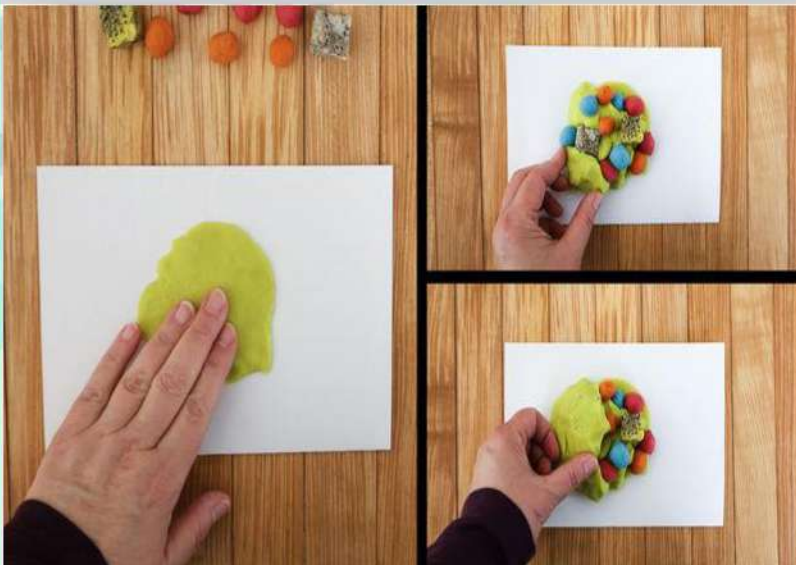
Choose one color of play dough that will make up most of your rock and cement your other rock pieces together.

From the other colors of play dough, form pea-size and marble-size spheres of play dough to represent inclusions, or material trapped inside a rock during its formation.

If you have cake sprinkles, ground pepper or sand, mix some into one or more colors of play dough. Mix a lot into one or more small spheres of play dough until it becomes stiff and grainy, then form it into a cube – this will represent harder rocks.

Grab a chunk of your main color of play dough that will become the bottom of your rock. Flatten it onto the piece of paper. Add the spheres and cubes of other colors and chunks of the main color and press them all together to form a rock.

Cover your rock with the main color of play dough so it looks like the rock is one color. This represents the weathering that can oxidize, or change the surface by chemically reacting with oxygen, rock surfaces on Mars.



Source: National Aeronautics and Space Administration (NASA) [link- https://mars.nasa.gov/participate/funzone/](https://mars.nasa.gov/participate/funzone/)

SCHOOL ADMINISTRATORS



Mrs. Anju Dheman is an educator with an accomplished work history of thirty-nine years. She has worked with the Delhi Public School Society for thirty-six years and was Principal of DPS Kuwait from 2008 to 2019. She joined Dar Al Salam Schools in 2020 as the Founder Principal of Aspire Indian International School, Kuwait.

A dedicated, resourceful educator with proven ability to lay down educational objectives, she is a visionary that believes children are not individuals to be moulded but blessings of God to be unfolded. The tagline of Aspire Indian International School strongly reflects the same philosophy – ‘IGNITING MINDS.’



Dr. Shantha Maria James is a zealot with determination, commitment and compassion, who has contributed tremendously to the field of education and school community for the past 36 years. She was awarded Best Teacher by the President of India. She received her Doctorate in Educational Leadership, Master's in English and Philosophy and Master's in Education.

She has numerous accolades and certifications to her name. She is uncompromising in her efforts to provide quality education for her students and never loses sight of their needs. Her association with the community by holding various prestigious positions shows her role as an ambassador of human values. Her empathy towards children with special needs makes her a unique personality.



Mrs. Sanobar Farrukh is an iconic personality, and a renowned educationist with more than 24 years of experience. She completed her education in Karachi and received a Master's degree from University of Karachi. She joined PES in 1997 and has been serving the community diligently since then. She was promoted to Principal in 2016.

Her era in school is characterized by the modernization of pedagogy, professional development of staff and transitioning to a new premise.

The school is progressing by leaps and bounds under her leadership. She is a team builder and knows how to utilize the talent of her team members to their best potential.





The Aspire Indian International School campus is created to enable transformative learning experiences for our students. We adopt best practices through play-based learning for the overall physical, cognitive, emotional, and social development of our students. Our efforts and emphasis lie on instilling love for learning. Our curriculum delivery is designed to prepare our students for a smooth transition from life at home to school as well as from primary to middle school.

Our campus allows us to offer our students numerous sports like football, cricket, basketball, volleyball, badminton, athletics, table tennis, swimming, and gym. Transport facilities, well equipped laboratories, a library with a wide range of books and a spacious auditorium are among the facilities that we are happy to provide our students.

The strength of any educational institution are their teachers, who are rightly called the builders of a nation. We are pleased to have qualified and passionate educators in our faculty that make us 'Team Aspire'. With their experience and love for teaching we are confident in unfolding the best in our students.



INGENIUM 2021 A Virtual Literary Festival

An Aspire Indian International School Initiative

INGENIUM 2021 – was the first of its kind, entirely dedicated to English Language and literature. Initiated by Principal Mrs. Anju Dheman, Aspire Indian International School conducted this virtual literary festival in the month of January staying true to its name meaning 'natural talent'. Undoubtedly, our students were able to do justice to the name with their talent and creativity. Several Indian schools in Kuwait took part in the literary festival which was highly commended and enjoyed by all participating schools.

INGENIUM was conducted on the 16th, 23rd and 30th January 2021, quickly becoming a digital forum for students to recognize and nurture their creative skills in using the English language. The events of the festival were based on different forms and representations of the language. From handwriting to poetry, forming questions to identifying idioms, mimicking famous personalities to thinking on their feet and creating an advertisement, participants had many opportunities to explore the language and learn it independently. INGENIUM 2021 saw a lot of young minds thinking out of the box. This is just the beginning. We, at Aspire, believe that knowledge cannot be limited to classrooms and textbooks. It needs to be experienced and enjoyed through personal involvement on various platforms. We look forward to many more such occasions for our students to come up confidently and showcase their 'natural talent'.

Kindergarten Graduation Day - 2021



Aspire celebrated its Kindergarten Graduation Day on 18th March 2021 with the tiny tots. Our Chairman, Mr. K O Mathew, and Vice Chairman, Mr. Ahmed Al-Falah commended our young graduates on one of their first achievements in life and wished them the best for the next level of schooling. Principal Mrs. Anju Dheman, Compliance Officer, Mrs. Mary Joseph and Community Engagement Executive, Ms. Stephanie Mathew also shared their messages congratulating all the UKG graduates of 2021. The students were felicitated with Certificates of Graduation and it was a memorable day for all. Aspire wishes the best to all its young graduates.



NO MATTER WHAT THE CHALLENGES ARE, WE SHALL OVERCOME!

Mrs. Vishwa Rani

Online learning platforms for the schools have been new in every way and different in every sense. Whether it's new teaching methodologies, digital literacy, teacher - student interactions, homework, assignments and projects. What is surprising is that all of these have become a part of our lives in a very short span of time making this reality the 'new normal'. The journey has not been easy for students and teachers.

The sudden change caused disruption among teachers, parents and students as they tried to navigate this new period of transition. Digital learning began a fresh episode in our academic lives. The challenges were digital knowledge, internet connectivity, time management and most importantly staying positive consistently. As is the whole world, Team Aspire steadily moved towards enhancing their skills by being adaptable. Digital education, strong bandwidth, and self - discipline took care of the first three challenges. However, it is completely in our hands to keep students motivated not letting our spirits down. Hope for a better future is all that keeps us going.

Hope is a good thing, maybe the best of things, and no good thing ever dies. We shall overcome.

Kuwait National Day and Kuwait Liberation Day

Aspire celebrated the 60th anniversary of Kuwait National Day and the 30th year of Kuwait Liberation Day on 25th and 26th February, respectively.

The students expressed their love and respect for Kuwait by wearing traditional Kuwaiti attire, holding the country's flag, and singing patriotic songs.





REMEDIAL AND ENRICHMENT CLASSES



ICS believes that each student is different in the way they adapt to learn. To provide our students with the best support, we offer remedial and enrichment classes after school hours to students, particularly in the senior wing.

Several students have responded with gratitude for the extra help as it helped reinforce their learning and understanding of core concepts taught. The breaking up of students into smaller groups, convenient timings and easy learning platform made it possible for both students and teachers to interact even after the routine school hours without losing zeal.

Remedial classes enabled students to gain positive impact by addressing specific areas of concern.

CO-SCHOLASTIC EXPRESSIONS

As part of our co-scholastic activity program, the students at the senior wing participated in the talent shows amidst pressures of online learning. Like a shower in the summer, it helped students to refresh their minds by creative thoughts and stay charged for the final examinations. Beautiful artwork, crafts and fitness through physical education portrayed the talents of the students constructively.

A remarkable achievement was exhibited by Jerome Shaji of grade XII, who received a certificate from the Honorable Ambassador of India, Mr. Sibi George, for his outstanding contribution towards the Youth Assembly conducted for Yuva, India. ICS takes pride in molding young minds towards social causes that help the community.

GRATITUDE TOWARDS SCHOOL FOR REMEDIAL CLASSES- Samrin Hussain, X11 A

“Remedial classes have proved extremely helpful for us as students, as we could clear our doubts individually, discuss, or receive further explanation on a particular topic and practice question papers. My parents agree that remedials are a great way for revision as it is not possible to clear doubts individually during regular class periods.

With smaller number of students, teachers can focus individually thus ensuring every child receives adequate practice. We are thankful to the school for conducting remedial classes and to all the teachers for their commendable efforts.”





DREAM GREEN THINK GREEN

Students at the middle wing were inspired by 'Initiative to Dream Green' and 'Think Green' enrichment programs conducted in February. Students exhibited innovative and creative plans, concepts, and expressions to transform our Mother Nature to a greener and more beautiful world.

Students demonstrated their various perspectives with innovative strategies on rain harvesting and water preservation. Many of their creative ideas were displayed through still and working models.

A group of students presented various strategies of indoor and terrace farming with the intent of reducing temperatures and creating cleaner air in areas they live.

Roof top gardening in different forms was encouraged with indoor gardens adding glow to the initiative.

Our goal is to inspire students to preserve nature creating a green and clean world.

Students participated in reciting their own poems about nature further edifying their awareness for the environment. Our students are the pillars of future generation; thus it is essential that they understand the importance of taking care of our planet and bringing hope for a more thoughtful future generation.

MESMERIZING CELEBRATIONS

The Primary wing of ICS celebrated virtual Republic Day with full vigor, patriotic fervor, and immense love for Mother India. Students of different states dressed up in their traditional attire and performed beautiful songs and dances. Students were provided with more information on the Republic Day of India and displayed activities in art and craft.

ICS emphasizes the importance of rejoicing moments with families to celebrate extremely pivotal milestone in a child's life. The milestone in education is worth commemorating. A grand celebration popularly known as 'Family Fun Day' was held on 21st March, being a gathering of teachers, students, and parents virtually. Several students performed wonderfully, while parents expressed their gratitude for providing a comprehensive and holistic online education.

INSPIRING YOUNG MINDS

On 23rd February, the poets of grade 8 celebrated Mother Tongue Day by reciting various poems of renowned poets with international accolades. The poems glorified culture and traditional customs, and the performances were applauded by the viewers.

In 'Expression Poem' event held at grade 5 and 6, our budding poets demonstrated strong poetic expressions, inspiring their peers by recitations in French.

The event proved to kindle the young minds to step into the world of poetic expression and literature.





PES LIBRARY

A WORLD OF LITERATURE

The PES library is the central literature hub of the campus, being well-equipped to support and facilitate teaching and learning programs. It is a temple of knowledge furnished with the continuously updated reading materials and e-books.

The library is open to all students, faculty members and staff. The print collection includes books, e-books, and back volumes of periodicals. In addition to the academic collections of books, the library provides a great environment for avid readers and learners with materials for training and soft skills development.

SCIENCE ACTIVITIES

Students at grade 4 and 5 actively participated in science-based projects organized by Mrs. Hania Irfan. Some of the projects included food pyramid, homemade thermometer, switch, electromagnets etc.



HALA FEBRUARY

Kuwait National Day is celebrated on 25th February with great enthusiasm and joy by every student and staff member at PES.

A virtual quiz was organized by the Kuwait Social Science department headed by Mr. Farooq Imtiaz, Mrs. Sadaf Tajammal, and Mrs. Fouzia Waleed for participants at primary, middle and senior wing respectively.

The event commenced with hailing of the Kuwait National Anthem. Quizmasters conducted thrilling Q&As with time ticking against the stopwatch and encouraging the participants to perform brilliantly.

Students cherished these moments and expressed their delight participating in the celebrations.

Various competitions were held for the kindergarten and primary wing students, such as sketching posters about Kuwait cultural heritage, flag, map, Kuwait towers, and participating by dressing in traditional Kuwaiti costume.

The middle and senior wing students competed in events of poetry recitation glorifying Kuwait in Arabic and English, henna designing, face painting and clay molding.

The celebration of Hala February was rejoiced by every student and faculty member and received appreciations on brilliantly organizing a memorable event.

INTERNATIONAL WOMEN’S DAY

Women play an important role in our society and women empowerment is crucial to social, economic, cultural, and political development of every nation.

Girls and women in developing countries are often denied opportunities in education. Education is a basic human right and no one can be denied of it. PES briefed the students on the importance of women empowerment and educated them on the recent developments around the world.

HOW PES RESOLVED OUR ISSUES ON E-LEARNING

Ayesha Azizullah (Class: 11 A)

On 19th April, PES initiated the e-Learning classes adapting to provide continuous learning through virtual platforms during the covid crisis. The school management resolved several issues and provided solutions to the various challenges faced by the students and teachers.

Digital modes of learning, virtual sharing of notes and regularly updated portal ensured that students did not loose any of the valuable learning time they deserved. Professional training of teachers kept them updated with modern e-learning strategies and understanding the psychology of young learners adapting to new modes of education.

PES faculty constantly records and shares their online lectures for students to watch later as part of revision and reinforcement of concepts.



Pearl of the seas, star of the sky
 And our sun, light, and moon
 Kuwait, our love, and our security
 We cuddled warm in the rain
 A stable soul havens
 Today, yesterday, and tomorrow
 him prosperity is prosperous and the country
 of good and light
 And the house of glory and the fence
 Kuwait, love unites us
 This love is legendary
 Glory to my city borders
 Its coasts to the creek
 Warba, then Boubyan
 And Jahra by Al-Jouri





Welcome to Aspire Bilingual School

At ABSK, we are committed to delivering superior education and delivering a unique experience of learning the foundational skills needed for life-long learning in a safe, fun, and entertaining environment.

Our focus is to develop the whole child by attending to the physical, cognitive, emotional, and social needs of each student.

As a new school we are committed to building and retaining your trust in our methodology, service, and sincerity in providing the best possible education for your child.

Come take the journey with us.



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For more information contact

info@absk.edu.kw



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DAS ACADEMY

• DANCE • ARTS • SPORTS



Ethan Simon Grade 3
Aspire Indian International School
Keyboard (online)



Joyce Elsa Grade 7
Indian Central School
Guitar (online)



Twins Dhiya & Diva Rajesh Kannan
Grade1
Aspire Indian International School

Catering primarily to students as well as the community at large; DAS Academy is a pioneering dance, arts, sports and education service provider in Kuwait.

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MEET OUR INSTRUCTORS



Mr. Jayakumar:
Keyboard and Guitar
 8th Grade in Piano from ABRSM London. 5th Grade in Flute from ABRSM London. 5th degree in Music Theory from ABRSM London. Stage and studio experience with professional singers from Indian film industry



Mr. Vishnu: Violin
 Over 15 years' stage experience in performing Carnatic violin and vocal in India and overseas., collaborating with other professional musicians. Music composer, musical innovator, national level competition winner



Ms. Sreekutty: Carnatic vocals
 BPA and MPA Carnatic Music. Rank holder in Carnatic Vocal. Award winner from various Music Societies Silver Jubilee Fellowship Kerala, India. Voice rendering to more than 100 music albums. Playback singer for Indian cinema.

Ever wondered what it means when a professional athlete testifies to being *'in the zone'* or *'feeling the flow'* or *'having tunnel vision and laser focus'*?

These sentiments fundamentally correspond to the often-overlooked psychological aspect of sports and performance. Delving deep into the mind of a successful athlete uncovers a plethora of 'psychological' layers that are conducive and complementary to a 'winning mindset'. These layers synchronize and converge in 'clutch' situations (i.e., potentially game changing and career changing situations) to produce a metaphysical 'zone' or 'feeling' that helps the athlete elevate their skills, dexterity, and physicality. Often the difference between a 'good' and 'great' athlete is neither talent nor physical prowess but the mindset. Being able to frequently replicate and increase the zone or feeling, positively correlates to achieving and maintaining optimal performance throughout an athlete's career - Getting to the top of the mountain is half the battle, staying there for as long as possible is the other half!

While pure natural talent has no equal or substitute, a winning mindset goes a long way in making up for lack of it. This narrative is evidently supported when looking at the rankings of mainstream individual sports. The number one ranked athlete is *rarely* the most physically talented but is *certainly* the most mentally prepared. Therefore, training the mind is just as important as training the body for the rigours of sporting success.

Few aspire to be professional athletes, even fewer make the professional cut; but we could all learn from a winning mindset and incorporate its elements to successfully achieve our own fitness goals. Whether it is to shed and shape, bulk and build, cut and condition, sculpt and strengthen, or even a combination of these; a winning mindset that oozes positivity will get you to your destination.

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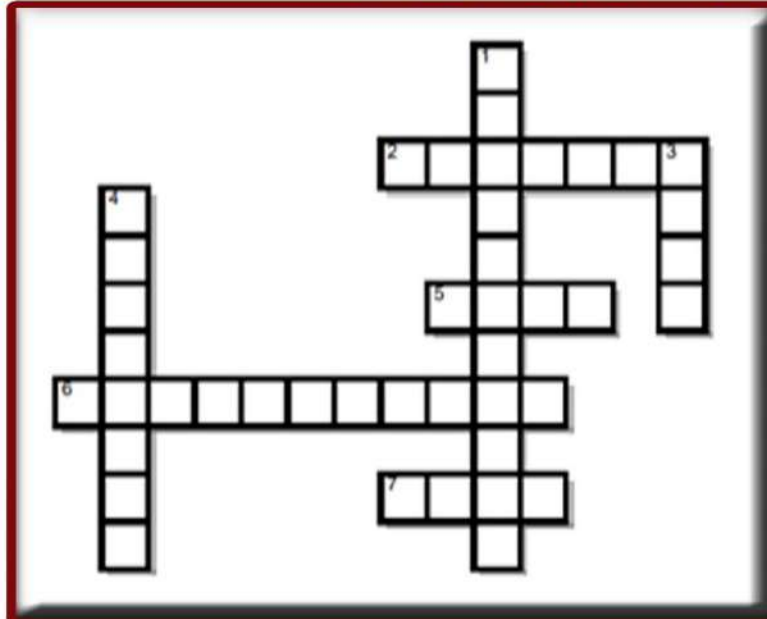
RIDDLES

- I've been around for millions of years but I am never more than a month old.
- What can you hold without touching it?
- Turn me on my side and I am everything. Cut me in half and I am nothing. What am I?
- What word looks the same backwards and upside down?
- Look at the numbers carefully and tell the time 10,9,8,7,6,5,4,3,2,1
- I am black when you buy me, red when you use me, and grey when you throw me away? What am I?
- What can point in every direction but can't reach the destination by itself?
- I make two people out of one. What am I?



QUIZ TIME

1. Which is England's landlocked country?
2. Which is the most venomous snake in Africa and the fastest snake in the world?
3. Which branch of biology deals with study of cells?
4. Pisa's international airport is named after which 'father of modern science' and 'father of observational astronomy', who was born in the city in 1564?
5. What is Olympus, Athos, Ossa, Giona and Parnassuss?
6. Where is the Adam's Peak located?
7. Name the route which was the trading route from China Europe through Central Asia.
8. Which city is called the shopping 'capital of the Middle East'?



DOWN

1. We have 23 pairs of these.
3. Organ that covers our body.
4. Plants use photosynthesis to get energy.

ACROSS

2. Tiny invaders that can make you sick.
5. We eat tis to get energy.
6. The process by which blood moves throughout our body
7. Sense organ



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Answers to Fun Times

Riddles: Moon, your breathe, No. 8, SWIMS, Ten to One, Charcoal, Finger, Mirror

Quiz: 1. Shropshire 2. Black Mamba 3. Cytology 4. Galileo Galilei 5. Greek Mountains 6. Sri Lanka 7. The Silk Route 8. Dubai

Crossword:

Across – 2. Viruses 5. Food 6. Circulation 7. Eyes

Down – 1. Chromosomes 3. Skin 4. Sunlight



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