



DAS DIGEST

Volume 2.1

Issue
October 2022

Setting Goals
Prioritizing Tasks
Staying Organized



DAS Ecosystem



Indian Central School



Aspire Indian International School



Pakistan English School



Aspire Bilingual School

Dar Al Salam is a private company operating in the education industry offering a multitude of curriculum for K-12 students. Our establishment owns Indian Central School, Pakistan English School, Aspire Indian International School and Aspire Bilingual School. Our schools offer the CBSE, Common Core, IGSCE curriculums and inclusive education boasting a combined student strength of over 8000 – proudly making us one of the largest school groups with a blend of Kuwaiti and expat community in the country.

Over nearly two decades, we have cultivated a legacy of stellar performance across our growing school portfolio continuing to leverage digital infrastructure, manage effective teams and develop innovative operations.

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Leader's Approach



Mr. K.O. Mathew
Chairman
Dar Al Salam Schools

Dear Students, Parents, Members of Management and Staff

It is rightly said that 'the whole purpose of education is to teach the child to think and not what to think'.

At Dar Al Salam School, we believe that this is the fundamental truth, and it has always been our endeavour to instill right in our students so that they develop a holistic personality and are ready to take on challenges ahead.

We have set out on an elevating and progressive journey with the aim of providing our children an exclusive learning experience by teaching them to march ahead with positive attitude, skill, confidence, sensitivity, and responsibility. The unmatched and impressive heights of glory at which our school stands today bear testimony to the fact the school is fiercely committed to pursue excellence in all the fields, whether in academia, sports, ethics, or aesthetics.

Leader's Approach



Mr. Ahmed Al Falah
Vice Chairman
Dar Al Salam Schools

Dear Parents

Choosing a school for your child is one of the most important decisions you will have to make. At our schools we offer a rigorous, balanced learning experience, complemented by a broad range of extracurricular and enrichment activities.

Our dedicated teaching staff put students' needs at the forefront of their planning and teaching to ensure your child fulfils their potential. We have created an environment where children enjoy learning, flourish and reach their potential.

Dear Readers

Each student is an individual, bringing unique talents and needs to school every day. We pride ourselves on the opportunities that we have available to help each and every student child succeed. These opportunities are included in our academic programming, which ensures each child is challenged appropriately while building a

Families and community members play a critical role as partners in supporting both your students at home and work in the schools. We look forward to working with you throughout the year to make important decisions that affect both your child as an individual and the school as a whole.



Ms. Stephanie Mathew
CSR and Community Engagement Executive
Dar Al Salam Schools

DAS Cares-Spirit of Giving



To pass on the spirit of giving Dar Al Salam Schools initiated a CSR program, DAS Cares through which students were taught the value of charity, encouraging them to grow up with a healthy sense of compassion.

Students were encouraged to contribute unused household items, grocery, stationery, household medical kits and handy gadgets which they distributed to deserving and hardworking community workers. Around 160 kits were distributed in events organized across multiple locations of the four school campuses on 10th, 11th and 18th May 2022. The event commenced with recitation of a soulful poetry themed 'The Spirit of Giving' by students. Gratitude cards were placed in each of the kit as an appreciation of the efforts of labours and workers who were part of the beneficiaries.

The schools ensured students to be involved in every process of the program starting from making contributions, packaging, creating gratitude cards to distribution and organizing the event. The initiative received an overwhelming response from the community with efforts made by both student and staff of the schools.

DAS Cares was curated by Ms. Stephanie Mathew, Community Engagement Executive at Dar Al Salam Group of Schools.



International Women's Day

While any day makes for a great opportunity to celebrate the women in your life, International Women's Day gives you one more reason to do exactly that. International Women's Day is on 8th March and is a global occasion that recognizes women's incredible achievements, raises awareness and encourages others to advocate for gender equality.

DAS Schools celebrated Women's Day with all staff wearing attires in purple and white dedicating the day to all the strong women around the world, especially the women members of DAS family.

On this occasion all our female staff were shown gratitude appreciating their unstinted effort towards educating young minds, particularly during the pandemic year adapting to new technology.



DAS Iftar

DAS Schools held its annual corporate iftar with members of the DAS management, Principals and Vice-Principal who came together in celebration of the Holy Month of Ramadan.

The event included an a la carte buffet set in the relaxed foyer area of the school auditorium. This fantastic iftar was a big mix of traditional regional dishes, including hot and cold mezzes, main courses and desserts.



Corporate Social Responsibility

World with a Difference



By focusing on play, our schools are finding ways to bring students with and without disabilities together.



“We are all born human by chance but we can be human by choice.”

Ms. Geetika Ahuja

Principal
Aspire Indian International School

Respected parents and my dear students

This wonderful opportunity to live means that we have been given a chance to participate in life, intentionally conscious of each moment. Every single day, we're barraged with the copious information on how to live life meaningfully but this quest ends in a bottomless well. Act ually when we peel away the layers, we realize that the fundamentals to live well have always remained the same

Things just seem to flow better if we create a sense of purpose and or ganize our act. Whether being organized comes naturally or it's a little more work to get into that frame of mind, it's important to remember that it's a skill that anyone can learn and can used as a strategy in life. It helps prioritizing work, set and achieve goals, and reduce anxiety and stress. Organizing self makes it easier to communicate ideas clearly. Collaboration becomes easy in an organized task thereby increasing productivity and efficiency. Consistent planned efforts brings order in life and workplace and keep things under control. It builds momentum and direction that translates into progress and stability.

Staying organized takes a lot of commitment and repetition but life seems to get significantly sorted when we make efforts to stay orga nized thereby helps in living life well.

“Life is really simple, but we insist on making it complicated.”



Mrs. Sanober Farukh

Principal
Pakistan English School

Respected parents and dear students

By the grace of Allah we have successfully completed our 2021-2022 session with great pride and excitement that PES has earned a reputation of academic excellence and working well for the service of community.

We are exalted and honored to lead a school with innovative, creative, inspirational and motivated environment in and out of the classrooms.

We are pleased to introduce the Alumni platform for the former and the current graduating students.

PES is proud to support numerous challenges that you experience in our school culture that is focused on providing students with the best academic and co-curricular activities.

We have some wonderful plans including the newly formed Robotics and Innovation academy.

Dear parents and students

“Why do you always insist on taking the hard road?”

Reply:

“Why do you assume I see two roads?”

The 21st century has catapulted all of us onto a Stage where we master content, create, collaborate, communicate, and demonstrate digital literacy with panache. At no point of time can living well and happily be equated with wealth, beautiful Mansions, swanky Limos, or a Jet-setting life. If so Monarchs, Tycoons and Celebrities would be the happiest people in the World. In 623 BC, Gautam Buddha renounced the luxuries of his father’s Palace in the foothills of the Himalayas, wandered in search of eternal truth and finally attained Enlightenment to shed to the World the Tenets of Buddhism and follow a simple life treading the Middle path.

The Bollywood runaway hit, 3 Idiots inspiration, Sonam Wangchuk, the Ladakhi Engineer - educationist, found his calling in solving the water problems of thousands in the cold Desert landscapes, by building Ice Stupas or artificial glaciers!

“Why do you always insist on taking the hard road?”

Reply:

“Why do you assume I see two roads?”



Mrs. Sujata Sivakrishnan

Principal
Indian Central School

Great minds and brilliant ideas emanating from Stephen Hawking, Da Vinci, Alfred Nobel, Newton, Madame Curie, or Gandhi - all had one common thread running through- an unrivaled passion to succeed. We have exactly the same number of hours that these inspiring individuals had.

The difference is that their dreams kept them awake to strategize, prioritize and push the invisible glass ceiling. Living well doesn’t mean you compare yourself with the Joneses next door. It simply means to find your own pot of gold at the end of the rainbow. A pot full of simple joys, lots of good cheer, a life content with giving space to others to live and bloom, to find joy in curling up with a great

book in hand, a simple uncluttered space of your own, making way for youngsters to grow, and putting smiles in people’s hearts as they remember you with warmth and of course becoming ecstatic at the first Petrichor! Living well means making time for everything and everyone.

Live a disciplined orderly life, choose to be grateful for His blessings, not whining and asking others, sleep without a conscience pricking of the hurt your words and deeds inflicted on another, and wake to a new day with a smile!

Well, that’s my take on, Living Well.



Mrs. Charmaine Graves

Principal
Aspire Bilingual School

Dear parents and students

One habit of highly successful people is being organized. Studies show that organized people have reduced stress and get a better night's sleep. How can I get better organized is a question often posed when tasks get out-of-hand. Below are a few handy tips to help put you on the path to becoming better organized.

1. Keep a current calendar of events and check it daily.
2. Plan ahead.
3. Have a place for everything and return items to their rightful place.
4. Handle assignments/papers/ tasks once and get them done and put away.
5. Declutter your offices, closets and bedrooms.

Finally, just remember that being organized is a journey and not a destination

Reflections

Progressing Towards Success

Indian Central School follows a student-centred curriculum combined with the best practices of international perspectives adhering to the CBSE guidelines. Various educational tools and resources as Destination Success, Tabbie Math, Space Club and a host of others add to this environment. Play and social activities are used at ICS to welcome students to discover and exciting



Mothers' Day Celebration

On the 19th of May 2022, Aspire Indian International School came forward to dedicate a day to the mothers of our tiny tots and invited them to the campus. The dress code for the day was traditional which made the occasion more vibrant. The event began with fun games like, gems here to there and noodle nightmare. The most exciting moments were witnessed during a game when the kids were blind folded and had to find their mothers. Mothers and children enjoyed this memorable event that bonded their special relation.



Earth Day

A special assembly was conducted by the students of Grade 1 and 2 of Aspire Indian International school to celebrate Earth Day. The young minds not only gave the thought provoking messages based on this year's theme of 'Invest in our planet' but also enlivened the atmosphere with their dance performance. The colourful program ended with a pledge to do our bit and save our Mother Earth.



Developing a Well Rounded Environment



PES focuses on lesson planning as it provides our students with necessary structure and direction in receiving engaging education. At PES we motivate students to follow practical work and projects which enables development of skills and attitudes valuable in learning. Various Teacher Training programmes were designed to help teachers improve their pedagogical practices.

Inquiry Based Learning

Aspire Bilingual School uses inquiry-based learning to enable our students to explore concepts and ideas, ask and answer questions and solve problems. Teachers use many different manipulatives to enable students to visually represent their thinking. Our experienced faculty members embrace interactive teaching methods making learning more enjoyable, engaging and appealing for students.



Robotics and Innovation Academy

Robotics Launch

Introducing robotics in schools as part of the educational curriculum has increased student's interest in this field. Critical thinking and problem solving are high quality traits that are developed and produce talents for the future. Robotics sessions provide an opportunity to learn from experts for our students during school hours. Our curriculum is designed to fuel creativity and make real life connections across industries so children can explore the latest technologies and have fun!



AIIS Student Council



**Empowering
Young Leadership**



ICS Investiture Ceremony



**Leadership
is not a
Position
It is Action and Example**



Developing a Passion for Learning



Excellence is the Gradual Result of Always Striving to do Better



Self Care: Daily Routines



Balancing Life

Step 1: Define The Problem
Without knowing the problem, you can't move further. So, have a clear understanding of the problem for which you're going to find a solution.

Step 2: Analyze The Problem
It helps you understand the nature of the problem and find the possible ways out.

Step 3: Develop Potential Solutions
It's essential to come up with multiple viable solutions to a problem. Because you don't know yet what outcomes the action is going to bring about.

Step 4: Evaluate The Options
This will help you determine the most effective and suitable solution to the problem.

Step 5: Select The Best Option
Select the solution that is best fitted to the organizational cultures and goals, and meets all the criteria that you set for evaluating the options.

Developing Problem Solving Skills

Staying Organised



DIY Project Chest of Drawers



Classroom Environment

Safe

- Students need to feel not just physically safe but emotionally and socially safe in the classroom
- In physical education I always go through the risks when we participating, for example hockey-sticks must not come above waist height

Supportive

- For students to learn they must feel supported. It is important that they feel respected and valued as a learner.
- When we are having a discussion in class all students must listen and not talk over each other

Inclusive

- Students need to feel included in their learning environment.
- When playing in teams in physical education I don't let students pick sides, I choose sides by giving students numbers or breaking into houses so that then students don't feel left out

Engaging

- Students need to be engaged in their learning for it to be a positive learning experience for them
- Use a variety of resources and vary the methods in which I deliver information so that all students no matter what learning style are able to engage in the learning

Challenging

- Learning needs to challenge students individually. Some students may find things easier than others, but as an educator I need to challenge students intellectually, emotional and socially
- When learning skills and drills in physical education some students will be more advanced than others, I challenge these students by giving them more challenging skills to master



Back to School Personal Hygiene Tips



Exercise - play outside daily and limit your tv/game time inside.



Hygiene - shower or bathe with soap and change out underwear daily. Always wash hands after using the restroom.



Homework - complete all assignments right after school.



Diet - eat a healthy, well-balanced diet full of protein, vegetables and fruit. Stay away from too many sweets and drink plenty of water to stay hydrated.

Personal Hygiene



Discover



Discover science and technology as a significant part of our program providing a wealth of enriching activities offered at DAS Academy, we are developing young innovators and technology experts of the future.

Arts



Keeping the world of creative arts spinning, our specialized trainers actively engage children's imagination through music, visual arts, dance, drama and storytelling. Our creative arts program develops the whole child through its unique content and experiences.

Sports



We harness the power of sportsmanship with our structured programme of sporting camps and activities offered in the region providing athletic development. Our certified coaches have exceptional expertise in bringing out the best performance in each player.



DAS Facilities

Modern Cricket Field



New Magnificent Playground



Hygiene Swimming Pool



Spectacular Auditorium



Play Area for Kindergarten

Student Art Work



Editorial Team



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